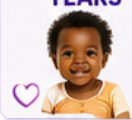


AGE	VACCINES (ROUTINE IMMUNIZATION)	HEALTH EXAMS & SCREENINGS	DEVELOPMENT MILESTONES	PARENT TIPS & CARE
BIRTH 0-7 DAYS 	- BCG (Tuberculosis) - OPV0 (Polio) - Hepatitis B (in some countries)  Protects your baby from serious infections early in life.	- Physical exam - Weight, length, head circumference - Jaundice check - Feeding assessment 	Your baby may: - Startle at loud sounds - Move arms and legs - Turn head to sounds - Focus on faces 	- Breastfeed early and exclusively - Keep baby warm and clean - Attend all scheduled visits - Watch for fever, poor feeding or fast breathing 
6 WEEKS 	- DTP-HepB-Hib (Pentavalent/Hexavalent) - Polio (IPV/OPV) - Pneumococcal (PCV) - Rotavirus  Protects against diphtheria, whooping cough, tetanus, hepatitis B, polio, pneumonia and diarrhea.	- Weight check - Growth monitoring - General physical exam - Look for any illness 	Your baby may: - Smile responsively - Hold head up briefly - Make eye contact - Move arms and legs more purposefully 	- Continue breastfeeding - Give all vaccines on time - Talk, sing and smile with baby - Keep baby away from smoke and sick people 
10 WEEKS 	2nd doses: DTP-HepB-Hib - Polio - Rotavirus - Pneumococcal (PCV) 	- Weight check - Growth monitoring - Development review - Ask about feeding and sleep 	Your baby may: - Laugh - Reach for objects - Roll over - Respond to your voice 	- Give iron-rich foods when recommended - Keep play time on tummy - Read and talk daily - Keep a safe environment 
14 WEEKS (3½ MONTHS) 	3rd doses: DTP-HepB-Hib - Polio (IPV/OPV) - Pneumococcal (PCV) 	- Weight & height check - Growth monitoring - Development review 	Your baby may: - Push up on arms - Sit with support - Grab and hold objects - Babble 	- Keep up with vaccines - Encourage reaching and movement - Praise and cuddle your baby 
6-9 MONTHS 	- Measles (MCV) - Yellow Fever (in endemic areas) - Vitamin A (as recommended) 	- Growth monitoring - Check for anemia - Dental check (if available) - Development review 	Your baby may: - Sit without support - Crawl - Say "mama/dada" - Transfer objects from hand to hand 	- Introduce safe, nutritious complementary foods - Give Vitamin A as recommended - Keep baby hydrated and clean - Childproof your home 
12-18 MONTHS 	- DTP booster (1st) - Polio booster - Measles/Rubella (if not given earlier) 	- Growth monitoring - Check for anemia - Vision & hearing check - Dental check - Developmental review 	Your child may: - Walk - Say 2-10 words - Follow simple instructions - Use simple gestures 	- Offer balanced meals - Read, sing and name objects - Encourage independence - Be patient and positive 
2-3 YEARS 	- DTP booster (2nd) - Polio booster - MMR (if not given) (age & country-dependent) 	- Growth monitoring - Vision & hearing screen - Dental check - Developmental screening (speech, behavior, motor) 	Your child may: - Put 2-3 words together - Run and climb - Play alongside others - Follow 2-step instructions 	- Encourage play and talking - Set routines and boundaries - Limit screen time - Keep up all checkups 
4-6 YEARS 	- DTP booster (if due) - Polio booster (if due) - MMR booster (age & country-dependent) 	- Growth monitoring - Vision & hearing screen - Dental check - School readiness & development review 	Your child may: - Speak in full sentences - Draw and color - Hop, skip, balance - Make friends and share 	- Prepare for school - Encourage learning and reading - Praise efforts and good behavior - Keep a healthy lifestyle 

IMPORTANT SCREENINGS (AT DIFFERENT AGES)

					
Growth Monitoring	Hearing Check	Vision Check	Development Screening	Dental Check	Nutrition Review

⚠️ SIGNS TO SEEK CARE IMMEDIATELY

- High fever or fever that does not go down
- Difficulty breathing
- Poor feeding or refusing feeds
- Vomiting everything
- Severe diarrhea
- Unusual sleepiness or weakness
- Convulsions / seizures



STAY ON TIME, STAY HEALTHY!

Vaccines and regular checkups protect your child today and build a healthier future.



Love. Protect. Support. Grow.



Every child is unique. Keep records, ask questions and work with your health worker.



Together, we help children grow strong, happy and ready for life!

